

## Four Pulse Movement & Flow

Da.

- I quickly feel/scan near the body with my relaxed, open hand – first in the front of the body at 3 main areas, then in the back of the body at 3 corresponding areas, and notice any differences.
- Then I quickly scan each side of the body at least 3 main areas and take note of any differences.
- Even if the recipient describes a special area of concern I almost always start at these areas mentioned above.
- This feeling/scanning near the body with my relaxed, open hand is done quickly to compare what I already noticed before beginning the scan to what I notice during and after scanning near the body. Also, it is done quickly in order to maintain a continuity with the natural processes of feeling-perception that are happening before I attempt to discriminate what is being noticed with a sequence of logic and/or verbal summaries.
- △ If more than 1 area seem different (usually “thin” and “magnetizing” inward toward the body) I then keep one of my hands at/in one of these areas and notice what happens in the other differently noted area(s).
- If there was only one (or even none) of the 3 areas in the front, back, and sides of the body that felt/seemed “thin”, or “open”, or “magnetized inward”, then I check/scan/feel the area of the recipients concern to notice any differences, or I may feel/scan secondary (and usually smaller or more detailed) regions anywhere/everywhere else near the body.
- Less often, I will notice only one (or none) of these regions near(est) the body- front, back and sides – so then I feel/look/scan in a larger and larger spherical movement further away from the body until I notice a difference.
- If no significantly noticeable areas seem apparent, I quickly feel/scan/image areas/categories of the person’s psychic content/relational experience such as family, relationships, work or life-and-death musings and take note of any differences or feeling perceptions that appear notable.
- △ I continue to leave my relaxed, open hand in/at any notable spots while my other hand checks/feels the/any other similarly noticed areas.
- △ I scan each “notable” area in this manner until I notice that one of them – with my relaxed open hand still there – “vanishes” all of the others!
- ± This one area is where I may first touch/feel/scan the actual physical body (from that area or body part).
- However, if the “magnetized inward” space here seems not to extend into the body itself, I will leave my hand at the/a distance from or level near the body – but while not touching the body – that feels the most quiet (quietest) or balanced and from this spot I will let the energies being noticed to change as they will. This can take many forms of non-physical activity(ies)/interaction.

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- When I touch the actual physical body, a “new map” is being considered from that/in relation to where I am touching.
- Though I initially touch the actual physical body at a certain point, I may touch somewhere else immediately, or I may leave my hand still, for a time, or a “long” time, or I may move my hand or hands around quite a bit as I feel/scan/listen further, but now while in contact with the physical body and while this touch-information presents its own form or quality or channel of mapping to my perception.
- I have notice that while in contact with the physical body, if may or it may not be important to have detailed or elaborate knowledge about it. All of the Mysteries are already there while scientific theories continue to elaborate upon theories in/of silence.
- ≠ I will note any detailed physical information that seems outstanding or maybe even just logical or factual – just there – (like maybe a broken bone), but these details are “moved” or rendered to change by my willingness to be moved (emotionally or feelingly) or mindlessly by patterns appearing as or from the “heart-presence” seeming to emerge from the recipient or myself or Mysteriously in/from the process itself.
- ≥ When I choose to respond to this “heart-presence”, details or concerns become/are influenced beyond themselves, and such Mysterious Influence changes everything.

“This is a story.... you tell me if it’s true...”

- DA A “schematic” to suggest the forces/Force generated by the heart necessarily uses colors and shapes to capture/conduct the energies which have been awakened via emotional touch/having been emotionally touched.
- DA A “schematic” described in linearity is defended by a particular mechanics or a particular map and necessarily fixes to/with a point of view.
- DA A heart/Heart-sourced schematic “plays” as a living artwork by a Free Hand whereas a mathematically sound and mechanically stable schematic must not waver from its polar opposite anchors and be left unstruck/touched.
- DA Its also spherical, the Shape of Changes/changing its not an equation or map ending at the end.
- DA It’s a pleasure, not a measure.